



Inning Purpose: To unite the Youth Alive club to work together as a team.

## INCLUDE (WEEK 1) SMALL GROUPS—UNITE

Purpose: To include every student as a part of the club and to discuss how we can unite and work together at school.

### YOU WILL NEED:

- Items for the icebreaker
- 2 bicycle inner tubes
- 2 chicken or popcorn buckets
- 2 old ball caps
- Duct tape
- 8 sponges
- Upbeat music
- Refreshments

### MEETING AGENDA:

1. Pre-meeting prayer (leaders)
2. Welcome and attendance
3. Announcements
  - Inspire week speaker
  - Invest week outreach
  - Outreach assignments to club members (hang up posters, invite friends, etc.)
  - Other
4. Icebreaker: "Bucket Head"
5. Biblical support and application
6. Discussion
7. Prayer/dismiss

### ICEBREAKER: "BUCKET HEAD"

To promote unity and teamwork.

Divide the group into two teams and instruct each team to choose a catcher and a pitcher. Attach the buckets to the ball caps. (This can be done prior to the meeting.) Place the "bucket caps" on the catcher's head. Stand the catcher in the middle of the room and have the entire team (except the pitcher) surround the catcher. Stretch the bicycle tube around the team and catcher, creating a single unit. The pitchers will stand on the far side of the room and "pitch" the sponges.

Each team will catch the sponges in the buckets. Once the team catches all eight sponges, the team must throw them back to the pitcher. Repeat process for two minutes. The team that catches the most sponges in two minutes wins. The upbeat music will help keep the pace moving.





## BIBLE SUPPORT AND APPLICATION:

Read Ephesians 4:3–6. Highlight the importance of Christians being in unity.

## DISCUSSION:

Divide into groups of three to five students and ask them to discuss the following questions. You may want to select a facilitator for each group to keep the discussion moving. You may also wish to provide each facilitator or each group with a list of the questions and comments to be discussed.

1. Read Ephesians 4 aloud.
2. Why is it important to be united?
3. What are some ways to build unity on and off campus?
4. Pray for unity.

*If time allows, answer the following questions in your small groups:*

1. What can you apply from today's discussion to your life?
2. Do you have daily time alone with God in prayer and His Word?
3. What have you learned from God's Word this week?
4. Did you attend church or youth service this past week?
5. What did you learn from the message/lesson?

## PRAYER/DISMISS





## INSPIRE (WEEK 2) GUEST SPEAKER—UNITY

Purpose: To inspire the club toward unity and teamwork.

### BEFORE THE MEETING:

- Invite the speaker at least two weeks in advance and give him or her the topic (unity and teamwork).
- Instruct the speaker how and when to wrap up his or her time.
- Instruct the speaker what time and where to meet the day of the club.
- Select a student to meet the speaker at the office, help him or her sign in as a visitor, and take him or her to the meeting room.
- Select a student to introduce the speaker. You will need to get background information prior to the meeting.
- Give the information to the student who will introduce the speaker. Instruct him or her to practice the introduction before the meeting.
- Contact your guest speaker a day or two before the meeting to reconfirm everything. (This is also a good time to verify your facts for the introduction.)
- Remember the goal is to motivate students, not to share denominational issues.

### YOU WILL NEED:

- Speaker (Christian businessperson, teacher, sponsoring youth pastor, senior pastor, or other Christian leader)
- Refreshments

### MEETING AGENDA:

1. Pre-meeting prayer (leaders)
2. Welcome and attendance.
3. Announcements
  - Invest week outreach event
  - Follow-up on or assign outreach assignments
  - Other
4. Introduce speaker
5. Guest speaker
6. Prayer/dismiss



### ICEBREAKER:

No icebreaker is listed due to time limitations. Give your guest speaker as much time as possible to speak; if time allows, a human video or short drama can be effective. The presentation should be inspirational and based upon the theme for the meeting.

### PRAYER/DISMISS



## INVOLVE (WEEK 3) STUDENT SPEAKERS—UNITY

Purpose: To share the importance of unity and teamwork.

### BEFORE THE MEETING:

- Ask two to three students to be prepared to speak using the outline below or to develop an outline of their own that features the subject “Unity.”
- Ask a youth pastor review the written testimonies, if necessary, and give suggestions.

### YOU WILL NEED:

- Refreshments

### MEETING AGENDA:

1. Pre-meeting prayer (leaders)
2. Welcome and attendance
3. Announcements
  - Invest week outreach event
  - Follow-up on or assign outreach assignments
  - Other
4. Introduce student speakers (name and grade)
5. Student speakers
6. Questions and answers
7. Prayer/dismiss



### STUDENT SPEAKER OUTLINE:

Student 1: Share a true, personal story of a time you demonstrated an attitude or action promoting unity or teamwork. Your story should be approximately five minutes in length.

Student 2: Share a true, personal story of a time your community demonstrated an attitude or action promoting unity or teamwork. Your story should be approximately five minutes in length.

Student 3: Show how unity among the Youth Alive members allows the campus to see Christ in you. (Read John 17:20–23.) Unity among Christians shows Christ’s love to the world.

### PRAYER/DISMISS:

Spend at least five minutes in prayer. Announce next week’s speaker. Challenge the group to bring friends who are going through a challenging time to Invest week next week (e.g., students whose families are in crisis, students who have problems in school, who struggles with life, etc.)



## INVEST (WEEK 4) OUTREACH EVENT—UNITY

Purpose: To invest the Message of hope, Jesus Christ, in your friends and on your campus.

### BEFORE THE MEETING:

- Think creatively. What can you do that would make your pre-Christian friends want to come to Youth Alive this week?
- Secure the speaker at least two weeks in advance. Give your speaker the following guidelines as he or she prepares:
  1. Be prepared to ask the students to respond to the message and receive Christ as their Savior and Lord.
  2. Speak confidently; clearly and energetically tell everyone about Jesus, then lead those who are willing in a prayer of repentance and faith.
  3. Keep in mind the purpose for the week. Response cards will be given out.
  4. This should not be a story of one's church, but of the Lord who wants a relationship with each person.
  5. Don't use religious terms (like "sanctified" or "redeemed"); visitors who have never been to church do not understand the lingo.
  6. Stay away from abstract, hard-to-define concepts and stick to the practical. What is applicable?
  7. Allow enough time at the end to pass out and collect response cards.
- Select members to be responsible for distributing and collecting response cards. Give them clear instruction as to when and how this should happen.
- Plan for effective follow-up. Students who bring friends should follow up with them concerning a commitment to Jesus, to answer questions, involve them in a local church, and bring them back next week for In-clude week's small groups.

### YOU WILL NEED:

- Food/breakfast (e.g., doughnuts). Ask a church to sponsor the cost as an evangelistic investment.
- Response cards and pens
- \$5, \$10, and \$20

### MEETING AGENDA:

1. Pre-meeting prayer (leaders)
2. Welcome and attendance
3. Announcements (Limit to date, time, and location for the next meeting)





4. Icebreaker: "Club Shake"
5. Introduce student speaker
6. Student testimony/gospel presentation
7. Invitation, prayer, response cards
8. Dismiss/initial follow-up

### **ICEBREAKER: "CLUB SHAKE"**

Prior to the meeting, give two students \$5, \$10, or \$20 without anyone's knowledge. Tell these students they must remember the name of the tenth person who shakes their hand. When the game begins, announce that two unknown people in the room have prize money. Everyone must shake as many hands as possible and learn each person's first and last name. (Play some upbeat music during the mingling.) After a few minutes, ask the students with the prize money to announce the names of the tenth person they each shook hands with and give those students the prize money.

### **STUDENT TESTIMONY/GOSPEL PRESENTATION:**

The speaker should share a simple gospel presentation: How he or she came to know Jesus, Why He came to earth, His sinless life, death for our sins, and resurrection. End with an invitation for students to accept Jesus into their lives. Pray.

Hand out and collect response cards.

### **OTHER SUGGESTIONS:**

- Worship band with gospel presentation, followed with an explanation of salvation.
- Creative drama with gospel presentation, followed with an explanation of salvation.
- Video with gospel presentation, followed with an explanation of salvation.